5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following (10) 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capability enhancement program	Significance	Photographs	Date of implement ation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Life Skills Hygiene: Sanitary Pad Vending Mechine	The vending machines were installed to ensure an effective, safe and convenient mode for any time access to sanitary napkins. The purpose is to promote safe and hygienic-sanitary practices among girls students and female staff.	Life Skills Hygiene: Sanitary Pad Vending Machine	19.08.20 19	15	ASR COMPUTER Mira Bazar, Kaliaganj, nadia 741156

Name of the capability enhancement program	Significance	Photographs	Date of implementati on (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Life Skills Physical Fitness: Gym centre	The path to success can sometimes be a difficult one. College students have packed schedules. Classes, employment, and family or social obligations tend to take over calendars quickly; however, just as it's important to set aside time for rest, it's also important to undertake physical exercise. Scientific studies show that Life Skills Physical Fitness: Gym centre provides students with important cognitive benefits that could have positive effects on their scholarly efforts.	Gym centre	05.12.2016	1100	Ganesh Bachhar, +91 7001728880

Name of the capability enhancement program	Significance	Photographs	Date of implementati on (DD-MM-YYYY)	Num ber of stud ents enro lled	Name of the agencies/consultants involved with contact details (if any)
Computing Skills: Internet of Things (IoT)	The 'Thing' in IoT can be any device with any kind of built-in-sensors with the ability to collect and transfer data over a network without manual intervention. The embedded technology in the object helps them to interact with internal states and the external environment, which in turn helps in decisions making process.	Computing Skills: Internet of Things (IoT)	10.11.2017	35	OAASA Technologys, 107, Lake Town, Block A, Kolkata, West Bengal 700089
Soft Skill Development Programme	Under the capacity building and skill enhancement programme Gurudas College took the initiative of organizing Soft Skill Development Programme for the students. Developing soft skills along with the compulsory curriculum is essential in recent times where students get associated with industrial faculties and experienced hands on training for the development of soft skills in several technical fields.	Report of the Students engaged in Soft skill program Content Content	22.11.2016	95	Excel MediSkill Private Limited of E405 DC Block, Sector 2, Salt Lake, Kolkata

Language Communicati on Skills	Gurudas College took the initiative to help build Language Communication Skills for its students under the Capacity Building and Skill Enhancement Programme which is of immense importance to face interviews and also help to developed personality.	Language Communication Skills imparted to the students by the Dept. of English, Gurudas College	8.5.2019	30	Department of English, Gurudas College Kolkata
Life Skills Health	For the purpose of fulfilling Capacity Building and Skill Enhancement Programme, Gurudas College took the initiative of developing Life Skills Health by conducting an awareness about Thalassemia. It was seen that awareness among students i.e. at the early age especially before marriage significantly regulate the spread of disease among new or upcoming generation.	Thalassemia Awareness Programme conducted for the students of Gurudas College DIST - 329 DIST - 329	18.9.2014	135	Thalassemia Control Unit (State Thalassemia Control Programme, West Bengal), Calcutta School of Tropical Medicine